


Employment and Labor**ARBITRATION AND MEDIATION**

In the context of employment disputes, both arbitration and mediation serve as alternatives to extended litigation and trials when parties cannot come to a settlement on their own.

Known as alternative dispute resolution or “ADR,” both arbitration and mediation are a less formal, less time-consuming, and less expensive, means of resolving a dispute. Generally speaking, both types of ADR provide the parties with greater participation in reaching a solution, as well as more control over the outcome. In addition, both methods also have more flexible rules than formal litigation or a trial. Recognizing that a court trial is not inevitably the best course of action to resolve every case, our attorneys are expertly trained, experienced, and prepared to represent our clients in the various dispute resolution methods currently used by courts, government agencies (such as the Equal Employment Opportunity Commission) and private parties.

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